

FEELING WEARY, BURDENED? – CAST YOUR CARES ON HIM

Note, this article was written and shared with several Christian friends in fall 2012.

As I “pen” this article I’m really waiting on some divine intervention from our Lord on what He would have me to say to you. It’s the day after a return trip (on the bike) from visiting family in Jackson, MS and I’m physically tired today. Tired, I believe from the combination of the bike trek home, then push-mowing the lawn into late evening. We covered 715 miles over the long weekend. It’s one of those days, today, when I could have used a “rest” day before heading back to work.

Jesus said, “Come to me, all you who are weary and burdened, and I will give you rest” (Matt. 11:18, NIV). So my Lord, as I write this I’m casting my cares (anxiety) on you, because you care for me. Although physically tired and mentally slow today I’m no less anxious and eager to be about our Lord’s business as a member of my Christian motorcycle chapter. I shared with one of my leaders last week that even as we’re entering the fall season of 2012, my 2nd year as V.P. of our chapter, that I’m just as anxious to do more and be more for others than when I began the year. My prayer is that I always remain hungry, anxious and seek out those opportunities to be used by Him. Granted we all go through seasons in our lives where it seems like things are somewhat stagnate in our spiritual walk and it is in those times that I find I need Him more. Remember the footprint story where the man (woman) was wondering why the Lord was no longer walking beside him/her (i.e., the 2 sets of footprints turned into one). What was the Lord’s response? Something like (paraphrased), “My son, I didn’t leave you! You’re seeing my footsteps during this time because I picked you up and are carrying you now because I know you needed to feel my love more so now than ever before.” As much as you love and care for your child, grand-child, great grand-child, He love and cares for us MORE. There are times in my life that I want to crawl up into his arms and feel that warmth and security that everything is going to be all right. Have you ever been to that place in your life; I’m sure you have?

I don’t know what you may be dealing with in your life right now (e.g., physical ailment, family issues, whatever it might be), please don’t lose hope in our Lord but cast your cares on Him so He can pick them up and deal with them as only He can. I encourage you to stay firm and steadfast in your faith and our Lord and He will see you through it ... ”to the other side.” If the cares of life are dragging you down, then I encourage you to get in the Word, pray, and connect with those who can help stir up (revive) your spirit. I’ve said it before, and will say it again, this message must be for me too since he’s speaking to/through me as I fill this blank page with the characters, words and sentences that He would have me write.

*David L. Hamil
Co-founder and Ministry Lead
2 Hearts for Integrity Ministries*